



Lots of waste we produce is buried underground in landfill sites. This is because it can't be recycled. This waste releases poisons into the water and into the air. It affects the climate and damages plants and animals. Bacteria breaks down most landfill waste, but plastic is a very big problem. It takes hundreds of years to decompose and is difficult to recycle, so we all need to use less.

1 REDUCE

Buy in bulk and refill old containers.



Say no to plastic straws and cutlery.

Turn the water off when brushing your teeth.



Buy rechargeable batteries.

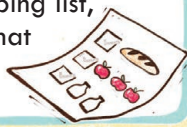
Save water, refill bottles.



Reduce heating, wear extra clothes.



Use a shopping list, only buy what you need.



Walk or cycle to reduce car journeys.

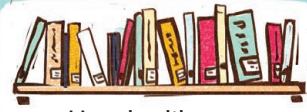


Use both sides of paper.



Take your own bags when out shopping.

Buy items made from recycled materials.



Use the library.

Turn the lights off when you leave a room.



Buy loose fruit and vegetables.

Buy from second-hand shops.



King
Leonard's
Teddy

A large amount of food is wasted every year. People buy more food than they can eat, at the supermarkets and in the restaurants. This food could help feed hungry people or be composted to improve the soil, but it is also mostly buried in landfill. We can all try to reduce waste. Here are some ideas to help you and your family make a difference.



2 REUSE

Help wildlife, make a bird feeder.



Reuse newspaper for wrapping up gifts.



Make your own cards.

Reuse containers for plants.



Compost your food waste.



Reuse food containers.



Make your own toys and games.

Give clothes to family, friends and charity shops.



Make musical instruments.



Make a greenhouse.



Donate toys and books to local hospitals and playgroups.



Reuse containers for storage.

Reuse old clothes.



Read labels and sort items into the correct containers.



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